



# Competency Log

## Professional Responder Courses

Check off each competency once successfully demonstrated. This log may be used as a support tool when teaching a Professional Responder course. Refer to the specific course learning objectives for applicable competencies.

Participant: \_\_\_\_\_ Date(s): \_\_\_\_\_

Instructor(s): \_\_\_\_\_ Location(s): \_\_\_\_\_

Lesson	Skill/Competency	✓	Initials	Notes
<b>The Professional Responder</b>	Demonstrate the use of reasonable and prudent judgment, as well as effective problem-solving and task delegation skills when making decisions.			
	Demonstrate how to fill out a Patient Care Report.			
	Demonstrate the ability to respectfully deliver and receive constructive feedback.			
	Demonstrate appropriate personal interactions to maintain patient dignity.			
	Demonstrate professionalism, using appropriate language when interacting with patients.			
<b>Responding to the Call</b>	Demonstrate the ability to manage a scene, consistent with the Workplace Hazardous Materials Information System (WHMIS) and hazardous materials management requirements.			
<b>Infection Prevention and Control</b>	Demonstrate donning and doffing PPE (including gloves, goggles, and a mask, if necessary).			
	Given a scenario, demonstrate appropriate use of personal protective equipment.			
	Demonstrate the proper techniques for disinfecting and cleaning of equipment.			
<b>Anatomy and Physiology</b>	Demonstrate the correct use of anatomical terms.			
<b>Scene Assessment</b>	Demonstrate the ability to conduct a scene assessment and interpret your findings.			

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<b>Primary Assessment</b>	Demonstrate how to check level of responsiveness (LOR).			
	Demonstrate manual spinal motion restriction of the head and neck.			
	Demonstrate how to open the airway (head-tilt/chin-lift, modified jaw thrust).			
	Demonstrate how to assess respirations.			
	Demonstrate how to assess circulation (radial, carotid, brachial).			
	Demonstrate how to assess for life-threatening injuries or conditions.			
	Demonstrate the use of a pulse oximeter, including evaluation of the reading.			
<b>Secondary Assessment</b>	Demonstrate how to use SAMPLE.			
	Demonstrate how to use OPQRST format to investigate pain complaint.			
	Demonstrate taking vital signs and documenting findings (LOR, respirations, pulse, skin, blood pressure, pupils).			
	Demonstrate how to perform a head-to-toe physical exam.			
	Demonstrate the ability to auscultate a patient's chest.			
	Demonstrate the ability to take a patient's temperature.			
<b>Ongoing Assessment</b>	Demonstrate the ability to conduct an ongoing assessment, based on patient presentation, and interpret your findings.			
	Demonstrate how to provide information to the patient about the situation and how the patient will be cared for.			
	Demonstrate active listening techniques with patients and peers.			
<b>Airway Management and Respiratory Emergencies</b>	Demonstrate appropriate interventions for airway obstructions in responsive and unresponsive adults, children, and infants.			
	Demonstrate a self-rescue for an obstructed airway.			
	Demonstrate how to prepare the equipment and administer supplemental oxygen to a breathing patient.			

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	Demonstrate how to prepare the equipment and administer supplemental oxygen to a non-breathing patient.			
	Demonstrate how to size and insert an oropharyngeal airway.			
	Demonstrate how to size and insert an nasopharyngeal airway.			
	Demonstrate the technique of suctioning.			
	Demonstrate how to clean and disinfect suctioning equipment and oxygen delivery systems, according to the established standards.			
	Demonstrate how to ventilate a patient using a resuscitation mask.			
	Demonstrate how to ventilate a patient using a bag-valve-mask.			
	Given a scenario, demonstrate approach, assessment, and decision on the use of appropriate techniques and breathing devices, given patient's signs and symptoms.			
	Given a scenario, demonstrate approach, assessment, treatment, and transport for a patient experiencing the following respiratory conditions: <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Anaphylaxis</li> <li>• Chronic Obstructive Pulmonary Disease (COPD)</li> <li>• Pneumonia</li> <li>• Pulmonary Edema</li> <li>• Hyperventilation</li> <li>• Pulmonary Embolism</li> </ul>			
	Demonstrate the proper technique for using epinephrine auto-injectors.			
	Demonstrate the proper technique for using metered-dose inhalers.			
	Demonstrate assisted ventilations.			
	Demonstrate the care for a patient in respiratory distress or respiratory arrest.			

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<b>Circulatory Emergencies</b>	Given a scenario, demonstrate approach, assessment, treatment, and transport for a patient experiencing the following circulatory conditions: <ul style="list-style-type: none"> <li>• Angina</li> <li>• Myocardial Infarction (MI)</li> <li>• Congestive Heart Failure (CHF)</li> <li>• Cardiovascular Accident (CVA)</li> </ul>			
<b>Cardiopulmonary Resuscitation</b>	Demonstrate the proper technique for cardiopulmonary resuscitation (CPR) for adult, child, and infant.			
	Demonstrate how to perform neonatal resuscitation.			
	Demonstrate dynamic CPR.			
	Demonstrate two-responder CPR on an adult and child.			
	Demonstrate two-responder CPR on an infant.			
	Demonstrate the application of an automated external defibrillator (AED) and/or SAED.			
<b>Shock</b>	Demonstrate the assessment and care of a patient presenting with history and signs and symptoms of shock.			
<b>Hemorrhage and Soft Tissue Trauma</b>	Demonstrate direct pressure and positioning of the patient as a method to control external bleeding.			
	Demonstrate the use of tourniquets as a method to control external bleeding.			
	Demonstrate various bandaging and dressing skills.			
	Demonstrate the assessment and care of a patient presenting with history and signs and symptoms of internal bleeding.			
	Demonstrate the care of open soft tissue injuries.			
	Demonstrate the care of an impaled object in an open soft tissue injury.			
	Demonstrate the care of a puncture/penetration wound.			
	Demonstrate the care of a patient with amputated parts.			
	Demonstrate the care of a patient with various burns.			

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	Demonstrate the care for internal and external hemorrhage.			
	Demonstrate the care for an eye injury.			
<b>Musculoskeletal Injuries</b>	Demonstrate care for a patient with an upper limb musculoskeletal injury.			
	Demonstrate care for a patient with a lower limb musculoskeletal injury.			
	Demonstrate proper splinting techniques for musculoskeletal injuries.			
	Demonstrate the application of a traction splint.			
	Demonstrate the care for musculoskeletal injuries after splinting (e.g., soft tissue care).			
	Given a scenario, demonstrate approach, assessment, treatment, and transport for a patient experiencing an injury to an upper extremity.			
	Given a scenario, demonstrate approach, assessment, treatment, and transport for a patient experiencing an injury to an lower extremity.			
<b>Chest, Abdominal, and Pelvic Injuries</b>	Given a scenario, demonstrate approach, assessment, treatment, and transport for a patient experiencing the following chest, abdominal, and pelvic injuries: <ul style="list-style-type: none"> <li>• Open Chest Injury</li> <li>• Closed Chest Injury</li> <li>• Open Abdominal Injury</li> <li>• Closed Abdominal Injury</li> <li>• Pelvic Injury</li> </ul>			
	Demonstrate pelvic binding.			
<b>Head and Spinal Injuries</b>	Demonstrate the assessment of a patient with a head and/or spinal injury.			
	Demonstrate manual spinal motion restriction.			
	Demonstrate rolling a patient supine to lateral position.			
	Demonstrate rolling a patient 3/4 prone to supine position.			

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	Demonstrate rolling a patient prone to supine position.			
	Demonstrate placing the head and neck in the neutral position.			
	Demonstrate the sizing and application of a hard cervical collar.			
	Demonstrate positioning and securing a patient onto a spinal immobilization device.			
	Demonstrate the removal of helmets and other equipment (e.g., sports equipment, workwear).			
	Given a scenario, demonstrate approach, assessment, treatment, and transport for a patient experiencing the following head injuries: <ul style="list-style-type: none"> <li>• Concussion</li> <li>• Scalp Injury</li> <li>• Cheek Injury</li> <li>• Nose Injury</li> <li>• Eye Injury</li> <li>• Ear Injury</li> <li>• Mouth and Jaw Injury</li> </ul>			
<b>Acute and Chronic Illnesses</b>	Demonstrate care for a patient who has an altered level of responsiveness.			
	Demonstrate administration of oral glucose.			
	Demonstrate the ability to approach, assess, treat, and transport a patient with the following acute and chronic illnesses: <ul style="list-style-type: none"> <li>• Diabetes</li> <li>• Seizures</li> <li>• Appendicitis</li> <li>• Bowel Obstruction</li> <li>• Gastroenteritis</li> <li>• Kidney Stones</li> <li>• Gastrointestinal Bleeding (GI Bleed)</li> <li>• Urinary Tract Infection (UTI)</li> </ul>			
<b>Poisoning</b>	Demonstrate the ability to approach, assess, treat, and transport a patient with the following conditions: <ul style="list-style-type: none"> <li>• Various Poisonings</li> <li>• Various Drug Overdoses</li> </ul>			
	Demonstrate the care for patients who have been exposed to a crowd management agent.			

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<b>Environmental Illnesses</b>	Demonstrate the ability to approach, assess, treat, and transport a patient with the following environmental illnesses: <ul style="list-style-type: none"> <li>• Heat Exhaustion</li> <li>• Heat Stroke</li> <li>• Frostbite</li> <li>• Hypothermia</li> <li>• Drowning</li> <li>• Altitude Illnesses</li> <li>• SCUBA-Related Illnesses</li> </ul>			
<b>Pregnancy, Labour, and Delivery</b>	Demonstrate the ability to manage an imminent delivery.			
	Demonstrate the ability to approach, assess, treat, and transport a patient with pregnancy or childbirth complications.			
	Demonstrate the ability to approach, assess, treat, and transport a neonate.			
	Demonstrate the ability to communicate information to the mother or other caregiver(s) regarding care.			
	Demonstrate how to perform neonatal resuscitation.			
<b>Special Populations</b>	Demonstrate the ability to approach, assess, treat, and transport a patient with special needs.			
	Demonstrate how to assess the pediatric patient.			
<b>Crisis Intervention</b>	Demonstrate defusing and self-protective behaviours that are appropriate when interacting with patients and bystanders.			
	Demonstrate the ability to approach, assess, treat, and transport a patient with a mental health crisis.			
<b>Reaching, Lifting, and Extricating Patients</b>	Demonstrate basic extrication principles.			
	Demonstrate safe emergency lifting and moving techniques.			
	Demonstrate simple lifts and carries using proper body mechanics.			
	Demonstrate proper stretcher functions and use.			
	Demonstrate securing a patient to common types of stretchers and lifting devices.			

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<b>Transportation</b>	Demonstrate an emergency vehicle maintenance and safety check (e.g., at the beginning or end of a shift).			
	Demonstrate how to prepare an emergency vehicle for service (e.g., check equipment, replenish supplies).			
<b>Multiple-Casualty Incidents</b>	Demonstrate the ability to assess a scene, as well as prioritize the treatment and transportation decisions for a: <ul style="list-style-type: none"> <li>• Multiple-Casualty Incident</li> <li>• CBRNE Incident</li> </ul>			
	Demonstrate the management of a <i>Chemical, Biological, Radiological, Nuclear, Explosive</i> (CBRNE) incident.			
	Demonstrate the triage process in a simulated situation.			
<b>Pharmacology</b>	Demonstrate intravenous (IV) maintenance (including setup, solution, and IV administration).			
	Demonstrate how to calculate flow rates.			
	Demonstrate how to set drip rate.			
	Demonstrate the appropriate use of Entonox®.			